

BIRTH

*Why wait?
Get 12 months straight!*

CONTROL

Learn how you can get a full year of
your birth control at one time.





3

Easy steps:
Get a full year
of birth control
at one time



Step 1

Go to a birth control provider.

Say "Please, write the prescription for all 12 months, dispensed at one time, 0 refills."



Step 2

Go to a pharmacist to fill the prescription.

Say "Medicaid and some private insurance* will now fully cover 1 year of birth control, dispensed at one time.

It's a new law, please double check."



Step 3

Problem? Call your insurance provider.

Say "There is a new law that requires my insurance company to cover 12 months of my birth control to be dispensed at one time."

(The phone number is on the back of your insurance card.)

*Ask your employer if the insurance they provide is a self-insured plan.
Those plans are not eligible for coverage of an extended supply of birth control.



Watch the video
to learn more.



@NYBCAP

#GetBusy4BirthControl